

**CLIFTON PUBLIC SCHOOLS**  
**Department of Counseling & Student Services**  
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Richard Tardalo  
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May 29, 2018

Dear Parents:

We would like to bring to your attention the Netflix Series that is currently very popular among the teenage population. "13 Reasons Why" was released as a young adult novel in 2007 and can now be found on Netflix as a television series. The show is based on a teenager who commits suicide and leaves behind 13 tapes that record why she took her life. These tapes show cyber-bullying, unhealthy relationships and rape. **The second season of the series began recently.**

This series is being accessed by elementary, middle school and high school students in our district. We highly recommend that you monitor the viewing of this series, if indeed; your child has access to it.

The American Psychological Association states: "We do not recommend that vulnerable youth, especially those who have any degree of suicidal ideation, watch this series. Its powerful storytelling may lead impressionable viewers to romanticize the choices made by the characters. While many youths are resilient and capable of differentiating between a TV drama and real life, engaging in thoughtful conversations with them about the show is a vital."

Thank you for your attention to this concern.

Sincerely,



Peter J. Salzano  
Supervisor of Counseling and Student Services