

Are you busy in the morning trying to get ready and out the door? No time for breakfast?

Did You Know?

Your child can receive a breakfast at school **EVERY** day?

Students who eat breakfast have been shown in studies to have less absenteeism, better behavior, and better overall test scores than those that don't.

School breakfast is a convenient and healthy option for your child(ren), providing a minimum of 25% of the recommended amounts of protein, iron, calcium, and vitamins A and C each day when averaged over the week. School breakfast meals also include fiber while limiting fat, saturated, fat, and added sugars. If you are eligible for free lunch, you are also eligible for free breakfast! If you receive reduced lunch, you are eligible for reduced breakfast price.

We hope you will join us for the most important meal of the day! Please check your school for the times breakfast is served. Breakfast is served at all schools, except School #16.

Breakfast prices:

Free	Free
Reduced	\$0.30
Paid	\$1.30 –Elementary Price \$1.40-Secondary Price

