



**CLIFTON HIGH
SCHOOL**
333 Colfax Avenue
Clifton, New Jersey 07013
www.clifton.k12.nj.us

Physical Education Syllabus

Our Physical Education Department has made some positive changes beginning the 2018-2019 school year. We collaborated with students, district and building administration to increase instructional time and decrease unnecessary failures.

Every student begins the Marking Period with the grade of 100. The class grade is determined by being prepared for class (with an acceptable gym uniform) and participation in the daily activities. The final physical education grade is determined by the average of the class grade for the 3 marking periods (85%), along with the average of the 3 quarterly exams (15%). Students receive a separate grade for one marking period of Health. Please check district website for further information regarding physical education procedures and grading as well as health class assignments.

POINT DEDUCTIONS

Four points will be deducted from your grade for:

1. Changing, but not participating in the activity
2. Coming late to class (without a pass)
3. Coming late to class (with a pass- will be determined on a case by case basis and will have the option of a written assignment)
4. Excused early from school and missing your PE period (determined on a case by case basis and will have the option of a written assignment)
5. Attendance on a field trip and missing your PE period (This can be made up by written assignment. To be determined by student and teacher)
6. Unsportsmanlike behavior

Eight points will be deducted from your participation grade for:

1. Not changing for class
2. Cutting class
3. Every 4 absences from class (in or out of school) without valid verification will result in 8 points off. (2 per absence)
4. Wearing slip on sneakers, boots, slides, etc.
5. **Utilization of electronic devices (SAFETY HAZARD– students focused on electronic device may sustain injury during activity as their attention is elsewhere)**

DENIAL OF CREDIT

3 Cuts to Physical Education Class = Denial in Physical Education Class

7 Tardies to Physical Education Class = Denial in Physical Education Class

17 Absences to School = Denial in all Classes

HOW TO OBTAIN POINTS BACK

If a student does not change, the student will have the opportunity to get 4 (½ credit) points back by doing a written assignment during that class period. The assignment must be completed in essay format by the end of the period in order to receive ½ credit.

Students are also able to obtain points back by participating in our “Strive to be an MVP” program. This information can be found on the Clifton School District website under “Parent Information”. There is a tab for Physical Education and Health Information. Please take the time to read all information.

BEHAVIORAL REASSIGNMENT MEDICAL AND HOME INSTRUCTION

Everyone is expected to participate in P.E every day. Each day a student is in a behavioral reassignment, medically excused or on home instruction from gym an assignment will be submitted. Parental excuse notes can be written for a maximum of three days. A doctor’s note is needed for any period longer than three days.

1. BEHAVIORAL REASSIGNMENT- Work that is not completed will result in a zero.
2. MEDICAL EXCUSES AND HOME INSTRUCTION- Work that is not completed will result in a zero. Students reporting to the media center for medical excuses are decided on a case by case basis. You must report to your instructor before reporting to the media center for attendance purposes. If you do not report to your instructor, you will be marked unexcused “cut” for that period.

PHYSICAL EDUCATION PROCEDURES

1. No backpacks, handbags or phone charging will be allowed in the gymnasium.
2. Students that are dressed in appropriate attire will report to the locker room, lock up their belongings and report to their assigned gym.
3. Five minutes before the period ends students will report to the locker room, change and remain in the locker room until the bell rings.
4. No student is permitted to use their cell phone in the locker room. THIS IS A VIOLATION OF PRIVACY and is subject to disciplinary action.
5. Class Participation Everyone is expected to participate in P.E. every day. Parental excuse notes can be written for a maximum of three days. A doctor's note is needed for any period longer than three days.
6. ½ day - sneakers only (students put belongings in locker room)
7. Delayed opening - change every period (only exception would be HR/Period 1 if extended - period 1 will remain where their homeroom is)
8. Regular Day - change every period
9. Exam Days - sneakers only with a number 2 pencil/pen (students put belongings in the locker room)
10. ½ day - Periods 1, 2, 3, & 8 - change those periods unless you report to a special assembly (any other circumstances will be addressed on a case by case basis)

ATTIRE

All students will dress in gym shorts or sweatpants, T-shirt or sweatshirt, socks and sneakers (with laces). No slip-on sneakers are acceptable. Gym clothes will not display inappropriate words or pictures, and must cover a student well (no camisoles, no sleeveless shirts, not cut off shirts, no cargo shorts or inappropriate length shorts). No school clothes or jackets will be allowed. No dangling or potentially dangerous jewelry shall be worn.

Any questions should be directed to the K-12 Supervisor, Nicole Turi, at 973-470-2305 or nturi@cliftonschoools.net.