

## Resources

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The following is a partial list of resources for parents, educators, young people, and community members interested in the topics found in this report. These resources offer useful activities, information, websites, and/or programs/curricula. We've tried to identify key resources, but there are a vast number of resources on these various topics, and we surely missed some. We also want to underscore that while we think each of the identified resources contains valuable information, we do not endorse all the recommendations/views in these resources. Some of the resource descriptions listed below have been pulled from organizational websites.

Have suggestions of other powerful resources or websites that we should add to our list? Please email us at [mcc@gse.harvard.edu](mailto:mcc@gse.harvard.edu).

## Resources for educators

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### Coaching Boys into Men

**TYPE: WEBSITE/TOOLKIT**

Toolkit that provides high school coaches with the tools and resources to talk with athletes about healthy relationship skills, violence prevention, and respect for women and girls.

<http://www.coachescorner.org/>

### Consent Campaign Guidebook

**TYPE: GUIDE**

Classroom teaching tools and guide, planning information, and resource lists for middle and high school educators teaching consent and sexual violence prevention from the Vermont Network Against Domestic & Sexual Violence.

<http://www.vtnetwork.org/wp-content/uploads/VT-Consent-Campaign-Guidebook-and-Appendicies-2nd-edition.pdf>

### Dating Matters

**TYPE: ONLINE COURSE**

Online course available to educators, school personnel, youth mentors, and others to understand teen dating violence prevention. Uses graphic novel scenarios, interactive exercises, and information gathered from leading experts to prevent teen violence.

<https://vetoviolence.cdc.gov/apps/datingmatters/#>

## Healthy Relationships Lesson Plan for LGBTQ Youth and Allies

**TYPE: CURRICULUM**

Lesson plans that develop young people's abilities to communicate about relationships, sex, and protective behaviors. Meant to supplement existing sex education programs and specifically designed to reach LGBTQ young people.

<http://thelatrust.org/wp-content/uploads/2013/02/Workshops-for-LGBTQ-Youth-and-Allies-2015.pdf>

## How Do You Know if Someone Wants to Have Sex with You?

**TYPE: CURRICULUM**

A lesson plan for late high school to college-aged students (17-22), developed by Planned Parenthood, which uses videos, group discussions, and scenarios to teach consent and communication skills.

[https://www.plannedparenthood.org/files/2414/4622/8692/Consent\\_Videos.Consent\\_Lesson\\_Plan.pdf](https://www.plannedparenthood.org/files/2414/4622/8692/Consent_Videos.Consent_Lesson_Plan.pdf)

## Our Whole Lives: Sexuality Education for Grades 7-9

**TYPE: CURRICULUM**

Sexuality education for youth, developed by the Unitarian Universalist Association, which teaches and models care, compassion, respect, and justice. It provides participants with information about human development, personal skills, relationships, sexual behavior, sexual health, sexual assault and harassment, and misogyny.

<http://www.uua.org/re/owl/297213.shtml>

## SexEd Library

**TYPE: CURRICULUM**

Categorical listing of over 100 sex ed lesson plans including topics such as human development, relationships, personal skills, sexual behavior, sexual health, and society and culture.

<http://www.sexedlibrary.org/>

## Sexual Ethics for a Caring Society (SEC-C)

**TYPE: CURRICULUM**

Features sixteen Sexual Ethics for a Caring Society lessons developed for 8th-10th grade. Training and workshops are available for facilitators.

<http://www.sharonlamb.com/the-secsc-curriculum/>

## Sexuality Information and Education Council of the United States (SIECUS)

**TYPE: WEBSITE/COUNCIL**

Promotes comprehensive education about sexuality, and advocates the right of individuals to make responsible sexual choices. Website features information about available sexuality education programs, fact sheets, and resources and curricula about sexuality education topics.

<http://www.siecus.org/>

## Stop SV: A Technical Package to Prevent Sexual Violence

**TYPE: TECHNICAL PACKAGE**

Compilation of prevention strategies and activities, from the Centers for Disease Control and Prevention, that communities and schools can use to reduce sexual violence and its consequences.

<https://www.cdc.gov/violenceprevention/pdf/sv-prevention-technical-package.pdf>

## Who are You? Toolkit

**TYPE: TOOLKIT**

Recommended for use with teens that are fifteen or older, this multi-media discussion-based toolkit educates young people about the prevention of sexual violence and ethical sexual decision making.

<http://www.whoareyou.co.nz/product/who-are-you-toolkit/>

## WholeSomeBodies Guide for Facilitators

**TYPE: CURRICULUM**

A curriculum, created by the Vermont Network Against Domestic & Sexual Violence, which aims to increase adults' knowledge about healthy sexuality and give them the tools and motivation to model and discuss healthy sexuality with young people in their lives.

<http://www.vtnetwork.org/wp-content/uploads/WholeSomeBodies-Facilitator-Guidebook-11.13.pdf>

## Resources for parents

### 7 Tips for Talking to Kids about Porn

**TYPE: TIPS**

Tips from Common Sense Media to guide parents in talking with kids about pornography and what they might see on the internet.

<https://www.commonsense.org/education/blog/how-to-help-parents-talk-to-their-kids-about-porn>

### 10 Tips on Talking About Healthy Relationships with Teens

**TYPE: TIPS**

Brief tips for parents, developed by Futures Without Violence, regarding how to talk with their teens about healthy relationships.

[https://s3.amazonaws.com/fwvcorp/wp-content/uploads/20160121110131/10Tips\\_healthyrelationships2.pdf](https://s3.amazonaws.com/fwvcorp/wp-content/uploads/20160121110131/10Tips_healthyrelationships2.pdf)

### Break the Cycle: Dating Abuse

**TYPE: INFORMATION**

Facts, infographics, and handouts from breakthecycle.org for adults about healthy/unhealthy teen relationships, relationship realities for teens, and how to foster LBGTQ inclusivity.

<https://www.breakthecycle.org/back2school-adults>

### Breaking Up Is Hard to Do: 10 Tips for Supporting Your Teen

**TYPE: TIPS**

A list of actions, developed by the Boston Public Health Commission, which adults can take to support teens during break-ups.

[http://www.bphc.org/whatwedo/violence-prevention/start-strong/Documents/BPHC-Breakup%20summit\\_Adult%20Breakup%20Tool-r3.pdf](http://www.bphc.org/whatwedo/violence-prevention/start-strong/Documents/BPHC-Breakup%20summit_Adult%20Breakup%20Tool-r3.pdf)

## How to Talk to Your Children about Consent and Sexual Assault

**TYPE: TIPS**

Suggestions for how parents can talk with their children about consent and sexual assault.

<http://health.usnews.com/wellness/articles/2016-12-16/how-to-talk-to-your-children-about-consent-and-sexual-assault>

## How to Talk to Your Kids about Pornography

**TYPE: TIPS**

Tips from the New York Times include real examples of how other parents have handled conversations, complete with expert advice.

[http://www.nytimes.com/interactive/2012/05/10/garden/porn-intro.html?\\_r=1&](http://www.nytimes.com/interactive/2012/05/10/garden/porn-intro.html?_r=1&)

## How to Talk to Your Kids about Sexual Assault

**TYPE: CONVERSATION GUIDE**

Statistics, questions to ask children, and tips for parents to use when talking with teens about sexual assault.

<http://confi.co/parent-conversation-guide-sexual-assault/>

## Respect! Conversation Starters: Digital Dating Abuse

**TYPE: CONVERSATION GUIDE**

Conversation starters and talking points for parents and educators when talking with teens about digital dating abuse.

[https://s3.amazonaws.com/fwvcorp/wp-content/uploads/20160121110132/Digital-Dating-Abuse\\_Conversation-Starters.pdf](https://s3.amazonaws.com/fwvcorp/wp-content/uploads/20160121110132/Digital-Dating-Abuse_Conversation-Starters.pdf)

## Resources for teens and young adults

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### Amaze

**TYPE: WEBSITE/RESOURCE/VIDEOS**

Videos and information for young people about sex, their bodies, and relationships. Website also features discussion questions and conversation starters for parents and educators.

<http://amaze.org/>

### Break the Cycle

**TYPE: WEBSITE/RESOURCE**

A website that motivates and supports young people to speak out about dating abuse in their schools and communities. Features information about healthy relationships, consent, setting boundaries, using online dating apps, etc.

<https://www.breakthecycle.org/>

### Confi

**TYPE: WEBSITE/RESOURCE**

Compilation of information on sensitive health topics, research, and facts. Young people can learn about healthy relationships, how to communicate about sex, consent, setting boundaries, etc.

<http://confi.co/>

### The Halls

**TYPE: WEBSITE/VIDEOS**

Tells the stories of three young men and their struggles sifting through relationships, trauma, masculinity, and their own identities.

<http://thehallsboston.com/>

## **I am Courageous**

**TYPE:** WEBSITE/RESOURCE

Website that encourages and teaches students how to use their voices to help end teen dating abuse through information sheets, tips, resource lists, and videos.

<http://www.iamcourageous.org/>

## **Juicebox**

**TYPE:** APP

App for teens to ask questions about sex and relationships, featuring advice from coaches.

<https://www.juiceboxit.com/>

## **Love Is Respect**

**TYPE:** WEBSITE/RESOURCE

Support, information, and resources for young people who have questions or concerns about abuse in dating relationships. Includes a variety of quizzes and visual graphics about dating violence, healthy relationships, and consent. Also features abuse resources especially for LGBTQ students. Free and confidential phone, live chat, and texting services are available.

<http://www.loveisrespect.org/>

## **Scarleteen**

**TYPE:** WEBSITE/RESOURCE

Includes “real world” information about sexuality and relationships for teens and emerging adults. Provides guidance and strategies for young people around sexual health and sexuality, consent, healthy relationships, escaping abuse, and sexual communication.

<http://www.scarleteen.com/>

## Start Strong Boston

**TYPE: WEBSITE/RESOURCE**

Program of the Boston Public Health Commission that supports young people to end teen dating violence and to learn skills and strategies for healthy relationships. The website includes relationship communication strategies, a healthy relationship quiz, tools for thinking through break-ups, and activities to think through the misogynistic content of popular music lyrics.

<http://www.bphc.org/whatwedo/violence-prevention/start-strong/Pages/Start-Strong.aspx>

## Start with Respect

**TYPE: TIPS**

Tips and guidance for teen men about how to build and have respectful relationships/sexual relationships with women.

<https://whiteribbonnz.files.wordpress.com/2015/11/white-ribbon-toolbox-2015.pdf>

## The Representation Project

**TYPE: WEBSITE/RESOURCE**

With the goal of eliminating stereotypes, this website features resources such as quizzes that ask teens to assess how well fictional characters defy stereotypes and/or act as positive role models, and conversation starters/activities for youth leaders and female athletes about the ways in which mainstream media shapes their beliefs about women and girls.

<http://therepresentationproject.org/>

## Youth Activist Prevention Toolkit

**TYPE: TOOLKIT**

A project of the Florida Commission Against Domestic Violence's Youth Advisory Board, this toolkit is for students who wish to raise awareness about teen dating violence and prevent its occurrence in their schools and communities.

<https://app.box.com/shared/s4ijq7d35vx4bx47b1pt>

## General resources

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### Fight the New Drug

**TYPE: WEBSITE/CAMPAIGN**

A website about the effects of pornography, featuring guidelines for parents, and recovery programs for porn users.

<http://fightthenewdrug.org/>

### Prevent IPV

**TYPE: WEBSITE/COUNCIL**

The IPV Prevention Council seeks to enhance the capacity of local domestic violence coalitions and programs. Their website includes many prevention resources and a prevention "tools inventory."

<http://www.preventipv.org/>

### "Title IX at 40" Report: Ending Sexual Harassment

**TYPE: REPORT**

"Ending Sexual Harassment," a chapter within the Title IX report, defines sexual harassment, provides statistics about the prevalence of sexual harassment in K-12 schools and among LGBTQ students, highlights the effects of sexual harassment on students, and discusses protections available.

<http://www.ncwge.org/TitleIX40/TitleIX-print.pdf>